



# ENGLISH IDIOMS WITH BODY PARTS



## get it off your chest

Tell about what has been worrying you, so that you feel better afterwards



*During our sessions, people are able to get things off their chest.*

## bury your head in the sand

Ignore an unpleasant situation & hope it'll stop if you don't think about it

*You'll never solve your problems if you just bury your head in the sand.*

## be a pain in the neck

When something or someone is a pain in the neck, they are very annoying



*There were times when he could be a real pain in the neck.*

## pull somebody's leg

Tell someone something that is not true, as a joke

*Don't worry. I was just pulling your leg about moving - I'm not going anywhere.*



## put your finger on something

Know exactly what is wrong, different, or unusual about a situation



*There was something about the man that worried me, but I couldn't put my finger on it.*

## find your feet

Become confident in a new situation, especially one that is difficult at first

*She said I could stay at her place for a while, just until I found my feet.*



## come to a head

When a situation becomes worse and has to be dealt with quickly



*The situation came to a head when the workers went out on strike.*

## on its last legs

Old or in bad condition, and likely to stop working soon

*It's an old established set-up, but I reckon it's on its last legs now.*

